# Life Lessons Working with Mother Teresa & Studying with The Dalai Lama

Cheryl Arnold Moseley, RN, is a passionate humanitarian, speaker & award-winning photographer– showcased by her Eye of the World. Cheryl's unique perspective on the world was inspired and fostered by her courageous mother and resilient father, blind from birth, a Chiropractor. Their influence led her to adventurously explore more than 80 countries since the mid-1960's. After becoming a nurse, she traveled extensively throughout the world for 40 years, living abroad, often two years at a time. She has extensively studied Aikido, yoga, and various types of meditation. Cheryl volunteered as a nurse and did health education in villages throughout Asia, including Afghanistan and Himalayan villages in Nepal and India. She also studied with the Dalai Lama in India and worked with Mother Teresa several times beginning in 1973 – before either was awarded the Nobel Peace Prize.

## **Story Ideas**

- Mother Teresa That Few Knew An Inside Look on Her 100<sup>th</sup> Birthday (August 26)
- Do You Live With the Results of Not Forgiving? 5 Tips to be Free of Letting Someone Live Inside Your Head
- How Mother Teresa's Wisdom Can Help a Woman Heal the Trauma or Disappointment of a Deep, Dark Secret
- Turn Your Biggest Regrets into Your Biggest Assets Rid Yourself of Emotional Baggage
- · How You May Annoy Your Best Friends and Not Even Know It
- Who is Handicapped the Blind or Those Who See?
- 5 Tips on Being a Friend or Sister in Another Language or Culture
- Who is Your Ultimate Guru? Your Minister or a Jealous Co-Worker
- 5 Lessons I Learned Working Side-By-Side with Mother Teresa
- What is a 'Spiritual Warrior'? What Mother Teresa, the Dalai Lama, and a Blind Man Taught Me
- "The Best Way to Destroy an Enemy is to Make Him a Friend."
  Abraham Lincoln

## **Media Experience**

- 'Eye of The World' Featured in Magic City Magazine, March 2010
- Interview for MIG 29 Russian Jet Fighter flight, Moscow, June 2005
- Extensive Photo Exhibits throughout Montana and Park City, UT
- Live On-Air interview with local NBC affiliate
- 'People of The Heart,' a unique presentation, highlighting events and extraordinary people who's paths crossed with Cheryl
- TV & Newspaper interviews after Mother Teresa died September 1997
- Winner of several Pageants, including Miss LA, Miss Santa Monica, Miss Venice, First Runner-Up Miss California, and 'on tour' for several months in South America
- Extensive interviews & public events while modeling

## **Timely Tie-Ins**

## **Mother Teresa**

- Aug. 26, 2010 100th Birthday
- Mother's Day, Father's Day
- Christmas, Easter, Holy Week
- Centennial of International Women's Day March 8, 2011

#### **People of the Heart**

- Feb. 14 Valentine's Day
- Jan 1 New Year's Resolution
- April 22 Earth Day
- Dec 26 Jan 1 Kwanzaa



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